### Welcome to South Middle School Physical Education

**OPEN HOUSE 2022** 

#### What will the students learn?

Systematic units of instruction are provided through a variety of lifetime activities that include safety, skill development, rules, etiquette, sportsmanship and knowledge as specified by the New York State Learning Standards. Units of instruction may include the following:

- Fitness Concepts
- Team Sports
- Individual Sports
- Net/racquet activities
- Cooperative Activities
- Lifetime activities

#### **Grading**

**5 Daily Points** 

Responsibility
Effort
Be On Time
Engaged
Looks Ready
Skills \*\*\*

#### **Physical Education Attire**

- Students will use the locker room.
- Students must wear the following (must abide by school dress code):
  - Athletic Shorts
  - Athletic T-shirts w/ sleeves
  - Laced sneakers
  - Socks
  - Sweatpants/leggings
- Students should be prepared to go outside as long as the weather permits.
- Jewelry deemed unsafe by the teacher may not be worn during class
- Hats may not be worn during class unless outside

#### **Locks and Lockers**

- Each student has a locker to be used during physical education class
- Students should leave a change of clothes/sneakers in their locker

- All valuables MUST be locked in the lockers
- Students are advised to not share lockers or combos

#### **Excuse Notes**

If a student is not feeling well/injured for the day:

- We will usually ask the students "try their best" and do what they can for the day.
- A note from a parent will be accepted as a valid excuse from class. The note must include the reason for non-participation and phone number for confirmation for the student's instructor. This type of excuse is temporary (1 or 2 days) and not to be confused with a medical note.
- Notes can be emailed to our nurse, Ms. Roofeh at
- mroofeh@greatneck.k12.ny.us

#### **Medical Note/Long Term Excuses**

- Students whose illness or limitations extend beyond 2 P.E. classes must present a letter to the school nurse from the attending physician indicating the nature of the illness and the duration of the expected absence.
- Alternate work will be assigned where appropriate
- Students must be medically cleared by the physician to resume physical activity

#### **Physical Education Teachers**

We are here to help with your child's progress.

Please feel free to contact us at any time.

Mrs. Dnyprowsky <u>cdnyprowsky@greatneck.k12.ny.us</u>

Department Chair 441-4668

Mr. Bonaventura <u>ibonaventura@greatneck.k12.ny.us</u>

Ms. Randazzo <u>kduckworth@greatneck.k12.ny.us</u>

Ms. Sulinski <u>kroth@greatneck.k12.ny.us</u>

## We look forward to a successful and active school year!

# Thank You

Enjoy the rest of your evening!!!